

DE-STRESS WITH CAAD



3 EVENTS!

Wednesday, May 3rd

**11:00 am -1:00 pm: "Free-for-All Paint Wall"
Paint Shed behind Briscoe**

**2:00 pm: "Restore" Meditation Activity
Charlotte & Richard McNeel Gallery in Giles
Bring an exercise mat!**



**4:00 pm: Puppies, Pizza & MSU ice cream!
Front grass area between Howell and Giles**

**For all CAAD students, faculty, and staff
Sponsored by CAAD Dean's Council.**